

**TITU MAIORESCU UNIVERSITY OF BUCHAREST**

**FACULTY OF MEDICINE**

**PRACTICE BOOK**

**Module Designed for 1st Year Students**

**Practical Traineeship Coordinator:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Practice Tutor:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Period of Deployment:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Place of Deployment:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Full Name of the Student:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Faculty:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Personal Identification Number:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Student`s Signature:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Day 1 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Hospital organization, functional circuits inside the hospital:**

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# Day 2 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Rules of conduct of the practicing student inside the ward and of the hospital:**

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# Day 3 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**General rules of asepsis and antisepsis:**

* definition
* practical examples

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# Day 4 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Addressing and managing patients according to pathology.**

**Patient immobilized in bed:**

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# Day 5 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Clinical observation chart:**

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# Day 6 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Patient`s nutrition – active and passive food intake:**

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# Day 7 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Bedside anamnesis and clinical exam of the patient:**

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# Day 8 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Measurement and grading in the observation sheet of the waist, body weight, temperature, pulse, AV, blood pressure, breathing, intestinal transit, diswishing (minimum five cases – initial patient, sex, age and value):**

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# Day 9 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Blood harvesting techniques for laboratory examinations (minimum two cases –patient`s ID, sex and age):**

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# Day 10 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Sampling of urine and fecal matter for laboratory examinations (minimum two cases – initial patient, sex and age):**

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# Day 11 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Harvesting of pharyngeal/sputum by expectoration/secretions (minimum two cases – initial patient, sex and age)**

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# Day 12 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Therapeutic techniques (administration of oral, rectal, parenteral medications) -intramuscular injection, subcutaneous, intradermal (minimum two cases –patient`s ID, sex and age, route of administration)**

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# Day 13 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Therapeutic techniques (administration of parenteral medicinal products - direct intravenous injection, infusion) (minimum two cases –patient`s ID, sex and age):**

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# Day 14 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Common paraclinical investigation methods (depending on the ward where the specialized practice is conducted – patient preparation, method indications, technique of achievement). Minimum three methods –patient`s ID, sex and age):**

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# Day 15 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**General wound dressing technique:**

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# Day 16 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Clinical Case #1 (application of the previous mastered techniques):**

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**Clinical Case #2 (application of the previous mastered techniques):**

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# Day 18 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Clinical Case #3 (application of the previous mastered techniques):**

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# Day 19 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Clinical Case #4 (application of the previous mastered techniques):**

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# Day 20 – Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Clinical Case #5 (application of the previous mastered techniques):**

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# Practice Tutor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature of the Practice Tutor:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_