



**TITU MAIORESCU UNIVERSITY OF BUCHAREST**  
**FACULTY OF MEDICINE**  
**MEDICINE IN ENGLISH PROGRAMME**



# **PRACTICE BOOK**

**Module Designed for 1<sup>st</sup> Year Students**

**Practical Traineeship Coordinator:**

**Practice Tutor:**

**Period of Deployment:**

**Place of Deployment:**

**Full Name of the Student:**

**Personal Identification Number:**

**Student`s Signature:**

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Titu Maiorescu University of Bucharest  
Faculty of Medicine  
Medicine in English Programme

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### **IMPORTANT NOTE!**

For each clinical case requested in this practice book you must provide the following identification elements: patient`s initials, sex, chart no., date of admission.

The cover contains graphical elements AI-generated using AdobeFirefly © 2025.

Revision: 2025

**Day 1 – Date:** \_\_\_\_\_

**Hospital organization, functional circuits inside the hospital:**

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**Day 2 – Date:** \_\_\_\_\_

### **Rules of conduct for the practicing student in the clinical ward and in the hospital:**

This image shows a full page of primary-ruled notebook paper. It features multiple sets of horizontal lines designed to guide young learners' handwriting. Each set consists of three lines: a solid top line, a dashed middle line, and a dotted bottom line. These sets are repeated vertically down the entire page, providing ample space for practicing letter formation and writing skills. The paper is otherwise blank, with no margins, text, or illustrations.

**Day 3 – Date:** \_\_\_\_\_

### General rules of asepsis and antisepsis:

- Definition
- Means of achieving sterilization, practical examples
- Antiseptic agents, practical examples

This image shows a full page of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the page.

**Day 4 – Date:** \_\_\_\_\_

**Addressing and managing patients according to pathology. Patient with long-term bed stay. Nutritional needs - passive and active food delivery.**

[illegible]

**Day 5 – Date:** \_\_\_\_\_

### Clinical observation chart:

[illegible]

**Day 6 – Date:** \_\_\_\_\_

### Nutrition of patients in a hospital setting – active and passive food intake:

[illegible]



**Day 7 – Date:** \_\_\_\_\_

**Anamnesis and bedside clinical exam of the patient:**

[illegible]

**Day 8 – Date:** \_\_\_\_\_

**Grading in the observation chart of the following parameters: height, body weight, temperature, central and peripheric pulse, blood pressure, respiratory rate, intestinal transit. Minimum of five (5) cases.**

This image shows a full page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

**Day 9 – Date:** \_\_\_\_\_

**Blood harvesting techniques for laboratory examinations. Minimum of two (2) cases.**

[illegible]

**Sampling of urine and feces for laboratory examinations. Minimum of two (2) cases.**

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**Harvesting of pharyngeal/sputum by expectoration/secretions. Minimum of two (2) cases.**

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**Day 12 – Date:** \_\_\_\_\_

**Therapeutic techniques (administration of oral, rectal, parenteral medications) - intramuscular, subcutaneous and intradermal injections. Minimum of two (2) cases.**

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**Therapeutic techniques (parenteral administration of drugs - direct intravenous injection, infusion). Minimum of two (2) cases.**

[illegible]

**Common paraclinical investigation methods (depending on the ward where the specialized practice is conducted – patient preparation, method indications, technique of achievement). Minimum of three (3) methods.**

[illegible]



**Day 15 – Date:** \_\_\_\_\_

### General wound dressing techniques:

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**Day 16 – Date:** \_\_\_\_\_

### Clinical Case #1 (application of the previous mastered techniques):

[illegible]

**Day 17 – Date:** \_\_\_\_\_

### Clinical Case #2 (application of the previous mastered techniques):

[illegible]

**Day 18 – Date:** \_\_\_\_\_

### Clinical Case #3 (application of the previous mastered techniques):

[illegible]

**Day 19 – Date:** \_\_\_\_\_

### Clinical Case #4 (application of the previous mastered techniques):

[illegible]

**Day 20 – Date:** \_\_\_\_\_

### Clinical Case #5 (application of the previous mastered techniques):

[illegible]

**Practice Tutor:**

**Signature of the Practice Tutor:** \_\_\_\_\_