



Victor Stefanescu

Date of birth: 09/01/1977 | **Place of birth:** Buzau, Romania | **Nationality:** Romanian |

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ABOUT MYSELF

I am a Consultant General Surgeon with a strong focus on oncological surgery, particularly using minimally invasive techniques. My clinical expertise spans colorectal, upper gastrointestinal (esogastric) and hepatobiliopancreatic procedures. I work actively within multidisciplinary teams, contributing to integrated treatment planning and decision-making. I value teamwork, communication and collaboration as essential components of delivering high-quality, patient-centered surgical care.

WORK EXPERIENCE

 **CENTRAL MILITARY HOSPITAL "CAROL DAVILA" – BUCHAREST**

CONSULTANT GENERAL SURGEON -SURGERY SERVICE 1 – 06/2015 – CURRENT

 **CENTRAL MILITARY EMERGENCY CLINICAL HOSPITAL "CAROL DAVILA" – BUCHAREST, ROMANIA**

SPECIALIST IN GENERAL SURGERY - SURGERY SERVICE 1 – 01/2009 – 06/2015

 **CENTRAL MILITARY HOSPITAL "CAROL DAVILA" – BUCHAREST, ROMANIA**

GENERAL SURGERY RESIDENCY - SURGERY SERVICE 1 – 2007 – 2009

 **L'HOPITAL DE HAUTEPIERRE – STRASBOURG, FRANCE**

HEPATO-BILIO-PANCREATIC AND ENDOCRINE SURGERY INTERNSHIP – 05/2006 – 05/2007

 **"CAROL DAVILA" CENTRAL MILITARY EMERGENCY CLINICAL HOSPITAL – BUCHAREST, ROMANIA**

GENERAL SURGERY RESIDENCY - SURGERY SERVICE 1 – 01/2003 – 04/2006



1995 - 2001 - "CAROL DAVILA" UNIVERSITY OF MEDICINE AND PHARMACY, BUCHAREST



1991 - 1995 - "STEFAN CEL MARE" MILITARY HIGH SCHOOL - CAMPULUNG MOLDOVENESC, SUCEAVA

EDUCATION AND TRAINING

MASTERCLASS "DIASTASIS RECTI AND UMBILICAL HERNIA REPAIR" – MILANO -APRIL 2025

"ADVANCED HIATAL HERNIA CADAVER LAB" -BERLIN, GERMANY - OCTOBER 2021

TEACHING COURSE: ADVANCED SURGICAL SOLUTIONS FOR COMPLEX HERNIA –MR. MIKE SCOTT - GREAT BRITAIN - JANUARY 2021

HIATAL HERNIA REPAIR: CLINICAL EVIDENCE WEBINAR– PROF. GUTSCHOW & PROF. SCHOPPMANN – OCTOBER 2020

COLORECTAL PERIOPERATIVE CARE DURING CHALLENGING TIMES– JOHNSON&JOHNSON INSTITUTE WEBINAR – JUNE 2020

EUROPEAN INTERUNIVERSITY DIPLOMA IN ONCOLOGICAL SURGERY– LYON-BORDEAUX-NANTES, FRANCE – SEPTEMBER 2018 - JUNE 2019

**EUROPEAN INTERUNIVERSITY DIPLOMA IN HEPATO-BILIO-PANCREATIC SURGERY –PAUL BROUSSE
HOSPITAL – DECEMBER 2017- MAY 2018 - PARIS, FRANCE**

**EUROPEAN SCHOOL OF SURGICAL ULTRASONOGRAPHY COURSE- PROF. GUIDO TORZILLI - NOVEMBER
2017- HUMANITAS RESEARCH HOSPITAL – MILAN, ITALY**

"NATO MEDICAL EVALUATION (MEDEVAL)COURSE COE-MED-M4-003" - APRIL 2017 - BUCHAREST

**"HANDS-ON TRAINING IN MINIMALLY INVASIVE TRANSANAL TOTAL MESORECTAL EXCISION IN RECTAL
CANCER" - MARCH 2017 - STONY BROOK UNIVERSITY - NEW YORK, USA**

**"PAUL BROUSSE MASTERCLASS OF LAPAROSCOPIC SURGERY OF THE LIVER AND PANCREAS"- JANUARY
2016 - PARIS**

**WORKSHOP - "SURGICAL TECHNIQUES IN URINARY INCONTINENCE AND UROGENITAL PROLAPSE" -
NOVEMBER 2015 - NATIONAL UROGYNECOLOGY CONFERENCE - ORADEA**

**"ADVANCED LAPAROSCOPIC COLON AND RECTAL SURGERY" - JUNE 2015 - 23RD INTERNATIONAL EAES
CONGRESS IN BUCHAREST**

**"PROCTOLOGICAL SURGERY COURSE: MECHANICAL MUCOSECTOMY IN THE TREATMENT OF
HEMORRHOIDAL DISEASE" - JUNE 2015 - BUCHAREST**

"LAPAROSCOPIC COLORECTAL CLINICAL IMMERSION" - MAY 2015 - NOVY JICIN, CZECH REPUBLIC

**"PANCREAS IMAGING WORKSHOP" - MARCH 2015 - 10TH SYMPOSIUM OF THE ROMANIAN
ASSOCIATION OF HEPATO-BILIO-PANCREATIC SURGERY AND LIVER TRANSPLANTATION - BUCHAREST**

"BARIATRIC SURGERY MASTER CLASS" - JUNE 2014 - ISTANBUL, TURKEY

**COURSE OF "MINIMAL SURGICAL TECHNIQUES ADDRESSED TO GYNECOLOGICAL PATHOLOGY" -
JANUARY 2014 - DELTA ENDOSCOPIC TRAINING CENTER, BUCHAREST**

**"MINIMALLY INVASIVE SURGICAL TECHNIQUES FOR THE COLON AND RECTUM" COURSE - APRIL 2011 -
TRAINING CENTER IN LAPAROSCOPIC SURGERY BUCHAREST**

**COURSE "SURGERY OF THE ESOPHAGUS" - MAY 2010 - XXV NATIONAL CONGRESS OF SURGERY CLUJ-
NAPOCA**

**COURSE "PRINCIPLES OF PANCREATIC SURGERY" - MAY 2010 - XXVTH NATIONAL CONGRESS OF
SURGERY CLUJ-NAPOCA**

**"COLORECTAL CANCER PATHOLOGY" COURSE - MAY 2009 - TARGU-MURES COUNTY EMERGENCY
CLINIC HOSPITAL**

**"INTERVENTIONAL ULTRASOUND IN LIVER DISEASES" COURSE (PROF. GUIDO TORZILLI) - APRIL 2009 -
FUNDENI CLINICAL INSTITUTE**

**COURSE "LAPAROSCOPIC TREATMENT OF GASTROESOPHAGEAL REFLUX DISEASE AND OTHER
ADVANCED TECHNIQUES, WITH PRACTICAL TRAINING ON PIGS AND SIMULATOR" - "SFANTUL IOAN"
HOSPITAL BUCHAREST NOVEMBER 2003**

**"BASIC TECHNIQUES AND LAPAROSCOPIC CHOLECYSTECTOMY WITH PRACTICAL TRAINING ON PIGS
AND SIMULATOR" COURSE - OCTOBER 2003 - "SFANTUL IOAN" HOSPITAL BUCHAREST**

● **LANGUAGE SKILLS**

Mother tongue(s): **ROMANIAN**
Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
FRENCH	C2	C2	C2	C2	C1
SPANISH	B2	C1	B1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user

● **SKILLS**

Microsoft Word | Microsoft Powerpoint | Social Media | Microsoft Office

● **PUBLICATIONS**

2025
Breaking surgical barriers: ERAS in action in Romania

Authors: Victor Constantin Ștefănescu, Andreea-Marilena Ionescu, Sabrina Florentina Florea, Mihai Alexandru Vasile, Vlad Bătăilă, Daniel Cochior | **Journal Name:** JOURNAL of MEDICINE and LIFE

2025
The role of minimally invasive surgery in the success of ERAS protocols

Victor C. STEFANESCU, Andreea-Marilena IONESCU, Sabrina F. FLOREA, Vlad BATAILA, Draga-Maria MANDI, Flaviu I. FAUR and Daniel COCHIOR
Journal Name: Archives of the Balkan Medical Union | **Volume, Issue and Pages:** 2025, Vol. 60, Issue 1, March

Impact of Enhanced Recovery after Surgery Program Implementation. Our Results

Authors: Victor Constantin Ștefănescu, Andreea-Marilena Ionescu, Sabrina Florentina Florea, Mihai Alexandru Vasile, Vlad Bătăilă, Daniel Cochior | **Journal Name:** CHIRURGIA | **Volume, Issue and Pages:** Original article, no. 2, 2025

2025
[**The posterior component separation technique in the repair of parietal defects – An overview of existing evidence**](#)

Authors: Mihai Alexandru Vasile, Victor Stefanescu, Cezar Betianu, Andrei Neagu, Alexandru Bucur, Sabrina Florea | **Journal Name:** Ro Med J.

2025
Evaluation of the effects of smoking on postoperative complications after the TAR procedure – a prospective study Ro J Med Pract. 2025;20(1), DOI: 10.37897/RJMP.2025.1.13

Authors: Mihai Alexandru Vasile, Victor Stefanescu, Sabrina Florea, Cezar Betianu, Andrei Neagu, Alexandru Bucur | **Journal Name:** Ro J Med Pract. 2025 | **Volume, Issue and Pages:** DOI: 10.37897/RJMP.2025.1.13

2025
Impact of Protective Ileostomy on Postoperative Electrolyte Imbalances in Rectal Cancer Surgery: A Retrospective Analysis

Authors: Sabrina Florentina Florea, Victor Constantin Stefanescu, Draga-Maria Mandi, Cătălin Vlăduț Ionuț Feier, Dan Brebu, Sergiu Florin Bara, Mihai Alexandru Vasile, Daniel Cochior | **Journal Name:** CHIRURGIA | **Volume, Issue and Pages:** Original article, no. 2, 2025

Authors: Sabrina F. FLOREA , Victor C. STEFANESCU , Draga M. MANDI, Flaviu I. FAUR, Daniel COCHIOR | **Journal Name:** Archives of the Balkan Medical Union

ORAL PRESENTATIONS AND E-POSTERS

Limited Laparoscopic Resection For Duodenal Gist – Challenges and Solutions in a D II Localization

- V. Stefanescu, A. M. Apostoiu, L. Mosoia, S. Bratu, R. Fusarea, M. Tanase, I. Cimpeanu, National Congress of Surgery, 2025

Laparoscopic Enucleation Of A Giant Liver Hemangioma

- V. Stefanescu, A. M. Apostoiu, L. Mosoia, S. Bratu, R. Fusarea, M. Tanase, I. Cimpeanu, National Congress of Surgery, 2025

Mirror Surgery: Locally Advanced Rectal Cancer In A Pacient With "Situs Inversus Totalis"

- R. Fusarea, A.M. Apostoiu, V. Stefanescu, M. Tanase, Conference of the Faculty of Medicine of Titu Maiorescu University of Bucharest, 8th edition, 2025

Stage IV Rectal Cancer: A Paradigm Shift With Robotic Innovation

- A.M. Apostoiu, R. Fusarea, V. Stefanescu, M. Tanase Mihai, Conference of the Faculty of Medicine of Titu Maiorescu University of Bucharest, 8th edition, 2025

Laparoscopic Approach for Colorectal Liver Metastases

- V. Stefanescu, A.M. Apostoiu, A. Dima, L. Mosoia, S. Florea, L. Chiotan, R. Fusarea, M. Tanase, I. Campeanu, National Congress of Hepato-Pancreato-Biliary Surgery and Liver Transplantation, 2025

40 years experience in hepatic surgery

- L. Mosoia, T. Artenie, A. Dima, V. Stefanescu, M. Pruna, F. Macau, C. Mitru, A. M. Apostoiu, M. Tanase, I. Cimpeanu, Dr. Carol Davila Central Military Emergency University Hospital Days, 2024

ERAS Protocols in Colorectal Surgery: Accelerating Recovery and Improving Therapeutic Outcomes

- V. Stefanescu, L. Chiotan, A. Petcu, T. Ivan, Dr. Carol Davila Central Military Emergency University Hospital Days, 2024

Surgical approach of hepatic tumors

- V. Stefanescu, C. Betianu, L. Chiotan, A. Petcu, T. Ivan, Dr. Carol Davila Central Military Emergency University Hospital Days, 2024

Experience of Surgery Department I in pancreatic resections for cephalo-pancreatic adenocarcinoma

- A. Dima, A. Toma, V. Stefanescu, T. Artenie, L. Mosoia, T. Stancu, T. Magdici, M. Tănase, Dr. Carol Davila Central Military Emergency University Hospital Days, 2023

Current Perspectives on Diagnosis and Management of Hepatic Hydatidosis

- A.M. Apostoiu, V. Stefanescu, M. Pruna, C. Dragan, C. Mitru, L. Mosoia, M. Tanase, Dr. Carol Davila Central Military Emergency University Hospital Days, 2023

Surgical Treatment of Giant Hepatocellular Carcinoma – Long-Term Outcomes

- L. Mosoia, T. Artenie, A. Dima, V. Stefanescu, F. Macau, C. Mitru, A.M. Apostoiu, R. Roman, T. Magdici, A. Toma, M. Tanase, Dr. Carol Davila Central Military Emergency University Hospital Days, 2023

Laparoscopic versus open liver resections for colorectal cancer metastases

- V. Stefanescu, S. Florea, M. Vasile, L. Chiotan, A. Petcu, T. Ivan, M. Tănase, Central Military Emergency University Hospital Days, 2023

Experience of Surgery Department I in Liver Resections

- L. Mosoia, T. Artenie, A. Dima, V. Stefanescu, M. Pruna, C. Dragan, F. Macau, T. Calu, C. Mitru, A.M. Apostoiu, I. Radulescu, J. Cirstea, B. Irava, S. Huzaifa, A. Petcu, A. Toma, T. Magdici, R. Roman, M. Tănase, Central Military Emergency University Hospital Days, 2023

The Pauli technique for parastomal hernias – case presentation

- F. Macau, V. Stefanescu, L. Chiotan, M. Vasile, Dr. Carol Davila Central Military Emergency University Hospital Days, 2023

TESAR – a different technique in the treatment of diastasis

- F. Macau, V. Stefanescu, M. Vasile, L. Chiotan, Dr. Carol Davila Central Military Emergency University Hospital Days, 2023

The Use of Resorbable Mesh in the Surgical Treatment of Hiatal Hernia – our experience

- V. Stefanescu, A. Petcu, S. Florea, M. Vasile, L. Chiotan, T. Ivan, National Congress of Surgery, 2023

Median Arcuate Ligament Syndrome – Case Presentation and Literature Review

- V. Stefanescu, A.M. Apostoiu, National Congress of Surgery, 2023

"Liver resection - the experience of a single center "

- L. Mosoia, V. Stefanescu, A. Dima, Sabrina Florea, Tanita Stancu, M. Vasile

Venous Vascular Resections in Invasive Pancreatic Ductal Carcinoma – indications, technical considerations and outcomes

- V. Stefanescu, National Congress of Surgery, 2023

Solitary Adrenal Gland Metastases from Colorectal Cancer – case report and review of the literature

- A.M. Apostoiu, I. Radulescu, C. Mitru, M. Pruna, V. Stefanescu, C. Dragan, L. Mosoia, T. Calu, A. Calu, M. Tanase, Dr. Carol Davila Central Military Emergency University Hospital Days, 2022..

How to Facilitate Vascular Resection in Pancreatoduodenectomy

- V. Stefanescu, A.M. Apostoiu, S. Florea, M. Vasile, A. Dima, F. Macau, C. Mitru, C. Betianu, M. Tanase, SRC Meeting, 2022

Surgical Indications in Pancreatic Adenocarcinoma

- L. Mosoia, T. Artenie, A. Dima, V. Stefanescu, M. Pruna, C. Dragan, F. Macau, T. Calu, C. Mitru, V. Budescu, S. Amza, F. Bold, S. Florea, M. Vasile, A. M. Apostoiu, I. Radulescu, J. Cirstea, B. Irava, S. Huzaifa, A. Petcu, A. Toma, T. Magdici, M. Tanase, National Symposium: Vascular Resections in Borderline Resectable and Locally Advanced Pancreatic Adenocarcinoma, 2022

Cattell-Braasch Maneuver Combined with Primary Arterial Approach Facilitates Vascular Resections in Cephalopancreatic Cancer

- V. Stefanescu, A.M. Apostoiu, M. Vasile, S. Florea, F. Macau, C. Mitru, A. Petcu, L. Mosoia, M. Tanase, National Symposium: Vascular Resections in Borderline Resectable and Locally Advanced Pancreatic Adenocarcinoma, 2022

"Minimally invasive colorectal surgery - 10 years experience"

M. Vasile, Sabrina Florea, Adriana Petcu, C. Bețianu, A. Bucur, T. Vasilcă, V. Ștefănescu- Romanian National Congress of Surgery 2022

"Laparoscopic duodenopancreatectomy - technical aspects"

• **"Colic vs. Rectal Oncologic Surgery - not the same "**

- Vasile M., Lăcustoiu Sabrina, Stancu Tanita, Macău F., Ștefănescu V.--The Xth National Congress of Coloproctology-2020

"Difficulties in ERAS implementation in a general surgical unit in Romania"

- Sabrina Lăcustoiu, Tanita Stancu, Vasile M., Macău F., Ștefănescu V.-The Xth National Congress of Coloproctology-2020

"Technical aspects of diverting ileostomy fashioning to prevent local complications"

- Sabrina Lăcustoiu, Tanita Stancu, Vasile M., Macău F., Ștefănescu V.-The Xth National Congress of Coloproctology-2020

"Cephalopancreatic adenocarcinoma - the modern approach to surgical treatment"

Vasile M., Sabrina Lăcustoiu, Macău F., Bețianu C., Ștefănescu V - Romanian National Conference of Surgery , Craiova -2019

"Is ileostomy in mid- or low-rectal cancer always required? "

Sabrina Lăcustoiu, Vasile M., Macău F., Ștefănescu V - Romanian National Congress of Coloproctology, Iasi -2019